

# A State-by-state Guide to What's Open and How to Travel Safely in the U.S. (Video)

Coronavirus cases broken down by U.S. state, plus policies, travel restrictions, closures, and more.

BY ALISON FOX

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## The Cheapest Places to Travel in 2020

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As the United States is collectively practicing social distancing and isolating as much as possible during the coronavirus outbreak, each state has implemented its own rules on top of federal guidance.

In talks of reopening the economy and lightening restrictions around lockdowns and quarantines, the Trump administration has left it up to state governments in terms of how they'd like to proceed, [according to CNN](#).

Travel has been put on the back burner and in many places small novelties like taking a walk have become monumental means of escapism. This new world may be temporary, but for now it is absolutely necessary as confirmed cases in the U.S. climbed to more than 2,400,000, including more than 124,000 deaths, [according to Johns Hopkins University](#), which tracks the virus.

Below is a state-by-state breakdown of the number of cases and policies in place. For the number of coronavirus cases in each state, please see their official state or health department websites listed for the most updated information.

## Alabama

[Alabama Department of Public Health](#)

### Order in Place:

Alabama's [stay at home](#) order expired and a "[safer at home](#)" order was implemented instead. On July 16, the state started requiring anyone over 6 years old to wear a mask in public when social distancing wasn't possible.

On May 11, retailers and gyms were allowed to reopen with 50 percent capacity, while restaurants were allowed to open with tables placed six feet apart and no more than eight people per table.

Previously, the state's stay at home order, which went into effect on April 4, told people to remain home except for "essential activities," including getting food and medical supplies along with bookstores, liquor stores, and gun stores. While attending religious services or things like weddings and funerals are allowed, these had been limited to less than 10 people.

## Alaska

[Alaska Department of Health and Social Services](#)

**Order in Place:** Non-residents traveling to Alaska must [produce documentation of a negative COVID-19 test](#) taken within 72 hours prior to their departure. If someone doesn't have a test, they can opt to get tested upon arrival for \$250 but must quarantine until they receive negative results.

On May 22, [Alaska entered Phase 3/4 of its reopening plan](#), allowing all businesses to reopen as well as all libraries and museums, all recreational activities.

This followed Alaska's [health mandate](#) that went into effect on March 28 and ordered people to limit "intrastate travel" to slow the spread of the virus except for essential activities like getting food and gas. At the time, all gatherings with people that don't live in the same household, including weddings and religious gatherings, were ordered to "cease." On April 24, [Alaska first said restaurants, retail stores, and businesses like nail salons could open](#) with "limited" operations.

While a big Alaskan vacation isn't necessarily possible right now, it's easy to [explore the glaciers and Kenai Fjords](#) virtually from home.

## Arizona

### [Arizona Department of Health Services](#)

**Order in Place:** On June 29, Arizona [closed bars, gyms, movie theaters, and waterparks](#) after initially starting to open them in May. This comes amid rising COVID-19 cases in the state.

A few days earlier, Arizona [updated its guidance](#) to tell businesses to require face coverings when physical distancing is not possible and place tables and chairs at least six feet apart.

The state initially reopened [pools, gyms, and spas](#) in May and enhanced sanitation practices in place, including asking people to use hand sanitizer after they leave a pool. [Restaurants and coffee shops have been allowed to reopen](#) for dine-in service, recommending people limit party sizes to no more than 10 people and that restaurants consider offering masks to employees. Previously, the state had allowed salons to reopen for appointments and retailers to open without the use of fitting rooms in clothing stores.

The state's previous ["Stay home, Stay healthy, Stay connected"](#) executive order went into effect on March 31, and limited movement to essential services, including obtaining supplies and "constitutionally protected activities such as speech and religion."

Travelers from Arizona heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## Arkansas

### [Arkansas Department of Health](#)

**Order in Place:** While Arkansas originally required travelers from New York, New Orleans, New Jersey, and Connecticut to self-quarantine for two weeks, the state [lifted that mandate](#) on June 15. The state has also lifted a previous requirement that closed hotels and vacation rentals, [according to KARK.com](#).

Also on June 15, Arkansas [allowed dine-in seating in restaurants](#) and [at bars to increase](#) to up to 66 percent of total capacity.

On May 22, pools, water parks, and swim beaches were allowed to reopen with certain restrictions, [according to KNWA](#). The state has [closed public schools](#) through the end of the school year.

Travelers from Arkansas heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## California

### [California Department of Public Health](#)

**Order in Place:** California Gov. Gavin Newsom closed dine-in restaurants on July 13 along with wineries and tasting rooms, movie theaters, zoos, museums, and entertainment venues like bowling alleys, [according to the California government website](#). Bars and breweries statewide were told to close unless they offer food for sit-down outdoor dining.

Additionally, indoor operations including at gyms, places of worship, non-essential office work, personal care services (like nail salons and hair salons), and malls, were forced to close in 30 counties in the state, including Los Angeles County, Marin County, Orange County, and Napa County.

The orders to close came after the state had already started moving into Stage 3 of reopening where higher-risk businesses like movie theaters had been allowed to open.

Californians are [required to wear face masks](#) inside indoor public spaces except when they are eating or drinking at a restaurant.

The [order to stay home](#) was first issued on March 19 and the state determined all “non-essential gatherings should be postponed or canceled,” including concerts, gyms, and theaters. The restrictions also led to the [cancellation of San Diego Comic-Con](#) for the first time in 50 years.

Travelers from California heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## Colorado

[Colorado Department of Public Health and Environment](#)

**Order in Place:** Colorado is currently under a ["safer at home"](#) order — a less strict ruling than it's previous [stay-at-home order](#). As of May 1, many [retailers were allowed to open](#) with 50 percent capacity and plexiglass screens at checkout counters.

Additionally, [gyms have been allowed to reopen](#) with up to 25 percent capacity and outdoor pools have reopened with 50 percent capacity. Restaurants [can operate](#) at 50 percent capacity indoors and bars have been allowed to resume with 25 percent capacity indoors.

Under the previous order, residents were told to stay home as much as possible and only go out for essential activities. Critical businesses, which in Colorado included marijuana dispensaries, and solo outdoor activities, including nordic skiing and snowshoeing, were allowed.

## Connecticut

[Connecticut's official state website](#)

**Order in Place:** In coordination with New York and Connecticut, travelers coming from states where there is a high rate of coronavirus infections [must quarantine for two](#)

[weeks](#) upon arrival to the tri-state area.

Connecticut entered Phase 2 of its plan on June 17, [allowing amusement parks to reopen](#) with 25 percent capacity, [restaurants to open](#) indoor dining at 50 percent capacity, and [outdoor events to take place](#) with social distancing in mind.

Connecticut [requires face coverings be worn](#) in public areas when people can't maintain a six-foot distance.

Previously, restaurants were allowed to open for outdoor dining. Casinos, including Mohegan Sun and Foxwoods, have also reopened with safety guidelines in place, [NPR reported](#).

The state issued a "[Stay Safe, Stay Home](#)" order on March 23. The state also initially placed restrictions on hotels and other vacation rentals, designating them only for certain instances, including for healthcare workers, out-of-state employees working on COVID-19 operations, and Connecticut residents who needed to self-isolate.

## Delaware

### [Delaware Division of Public Health](#)

**Order in Place:** Delaware [entered Phase 2 of its reopening](#) on June 15, allowing gatherings of up to 250 people, and allowing restaurants to open with 60 percent capacity restrictions. Malls, community pools, and hotels have also been able to operate with 60 percent capacity.

On April 28, Delaware made [masks mandatory in public areas](#).

On May 22, [restrictions on state beaches were lifted](#), allowing people to swim and sunbathe in time for Memorial Day Weekend. While out-of-state visitors were initially required to self-quarantine for 14 days, that order [was lifted](#) on June 1.

Travelers from Delaware heading to New York, New Jersey or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Florida

## [Florida Department of Health](#)

**Order in Place:** Florida has walked back [Phase 2 of its reopening plan](#), which included the opening of restaurants, bars, theaters, and concert venues, amid rising COVID-19 cases. The state has also banned the “on premises consumption of alcohol at bars statewide,” the Department of Business & Professional Regulation [announced on Twitter](#).

The state opened its beaches across the state and [Miami Beach initially reopened its shores](#) on June 10, imposing restrictions on group size and requiring face masks.

Effective July 8, Miami is set to [close gyms and fitness centers](#), as well as short-term rentals, and [restricting restaurants to outdoor dining](#) with a maximum of four people per table.

Additionally, [Universal Orlando reopened on June 5](#), and [Disney World plans to reopen July 11](#).

Travelers from Florida heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

At the start of April, Florida put an order in place instructing residents to stay at home unless they were participating in [essential activities](#), which were defined as including attending religious services in a house of worship along with outdoor recreational activities like swimming and walking. The state also [suspended vacation rentals](#) – not including hotels – and prohibited them from accepting new guests, but [ABC Action News reported](#) the state has started lifting those restrictions.

## Georgia

### [Georgia Department of Public Health](#)

**Order in Place:** On July 8, Atlanta [mandated the use of masks in the city](#) for anyone over 10 years old. And on July 10, Mayor Keisha Lance Bottoms said the city [would revert to Phase 1](#), telling people to “stay home except for essential trips” and requiring restaurants and retailers to revert to to-go orders and curbside pickup.

However, on July 15, Gov. Brian Kemp [signed an executive order](#) suspending “any state, county, or municipal law, order, ordinance, rule, or regulation that requires persons to wear face coverings... to the extent that they are more restrictive than this Executive Order.” The order “strongly encouraged” the use of face masks.

On June 16, Georgia [eliminated capacity restrictions](#) on movie theaters and allowed for walk-ins at salons. This followed the state’s elimination of capacity restrictions at restaurants on June 11 as well as the reopening of bars at 35 percent capacity and gatherings of more than 50 people.

Georgia initially issued a statewide shelter in place order that went into effect on April 3, but local officials criticized the governor for reversing restrictions like beach closures in the process, [Time reported](#). Kemp’s decision to lift restrictions starting April 24 was met with mixed reactions as some thought the lockdown was lifted too soon.

Travelers from Georgia heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## Hawaii

[State of Hawaii Department of Health](#)

### Order in Place:

Hawaii will allow travelers [to bypass their 14-day quarantine rule](#) if they can show proof of a negative COVID-19 test taken prior to arrival starting Sept. 1. That program was [originally supposed to start on Aug. 1](#), but was delayed.

Locals are also now allowed to travel between islands.

Masks are required in Hawaii Hawaii when entering a business or when in a public space, [according to Khon2](#).

The state has reopened several businesses and services on certain islands. On June 19, Honolulu [will allow bars to reopen](#) along with bowling alleys, museums, and theaters.

On O'ahu, waterparks and pools were allowed to reopen on May 28 followed by restaurants on June 5; Maui opened beach parks and some county pools on June 1, followed by [bars with 50 percent capacity](#) on June 15; on the Big Island, restaurants were allowed to open on June 1 [along with museums and outdoor activities](#) like ocean tours; and Kauai, which allowed public and private pools along with outdoor tour activities to reopen on May 22, reopened restaurants for dine-in on June 1.

Hawaii had issued an order advising residents to [stay at and work from home](#) starting March 25. Like many states, essential activities are exempt, but in Hawaii outdoor exercise including surfing and swimming are allowed. Anyone who doesn't comply with the order would face misdemeanor charges, according to the state.

## Idaho

### [Idaho Division of Public Health](#)

**Order in Place:** Idaho is in [Stage 4 of its reopening plan](#). As part of that, the state has allowed restaurants to open but asked them to space tables out to keep diners six feet apart. Bars have also been allowed to reopen and asked to consider limiting occupancy to ensure social distancing.

Previously, the state allowed outdoor pools and waterparks as well as movie theaters to reopen.

The state originally issued a stay-home order at the end of March.

Travelers from Idaho heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## Illinois

### [Illinois Department of Public Health](#)

**Order in Place:** Illinois [entered Phase 4 of its reopening](#) on June 26, [allowing indoor dining and drinking](#) at restaurants and bars for groups of up to 10 people and museums

to open with 25 percent capacity.

Previously, the state allowed parks to reopen along with bars and restaurants for outdoor seating. On June 3, Chicago was allowed to do the same, [Time Out reported](#).

Specifically in Chicago, the city has implemented a list of states from which [visitors are required to quarantine](#) upon arrival. The states currently affected include states effected includes Alabama, Arkansas, Arizona, California, Florida, Georgia, Idaho, Iowa, Kansas, Louisiana, Mississippi, North Carolina, Nevada, Oklahoma, South Carolina, Tennessee, Texas, and Utah.

The state's original [stay at home order](#) went into effect on March 21, prohibiting most public or private gatherings of any size. To that end, facilities like playgrounds and museums were ordered to close.

Travelers from Illinois heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Indiana

### [Indiana State Department of Health](#)

**Order in Place:** On July 22, Gov. Eric Holcomb [said he was signing an executive order](#) requiring the wearing of face masks "in most public settings," including outside when people can't social distance.

Indiana [entered Stage 4 of its reopening plan](#) on June 12, allowing retail stores to open without capacity restrictions, restaurants to open with 75 percent capacity, bars to operate at 50 percent capacity, and gatherings of up to 250 people allowed.

Additionally, movie theaters, concerts, amusement parks, and gyms have been allowed to open at 50 percent capacity.

Residents in Indiana had been [told to stay home](#) since March 24 with facilities like playgrounds and campgrounds (unless it is your primary residence) closed. Both have since been reopened. Elderly or vulnerable residents in the state were told to take extra precautions and only leave home when absolutely necessary such as to seek medical

care. Businesses that provide necessities (like food) were [allowed to stay open](#), but told to limit their hours and implement specific hours for elderly and vulnerable people.

Travelers from Indiana heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Iowa

[Iowa's Coronavirus Website](#)

**Order in Place:** Iowa never had a statewide stay at home order in place, but had implemented several closures, including gyms and swimming pools, and limited restaurants to take-out. On June 12, the state [removed capacity restrictions](#) on restaurants and bars, instead requiring them to ensure six feet of distance between each group. Gyms, movie theaters, salons, and malls have all reopened as well.

All gatherings of more than ten people are allowed.

As of May 15, [campgrounds were allowed to open](#).

Travelers from Iowa heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Kansas

[Kansas Department of Health and Environment](#)

**Order in Place:** Kansas residents are required [to wear a mask](#) in public places.

On June 8, Kansas entered Phase 3 of its [reopening plan](#), recommending gatherings be capped at 45 people and allowing all businesses — including restaurants — to reopen while maintaining six feet between customers.

This followed the lifting of the statewide [stay at home order](#) on May 4 that had been in place since March 30.

Kansas requires visitors coming from several states — Alabama, Arizona, Arkansas, Florida, and South Carolina — as well as those who have been on a cruise ship or

traveled internationally [to quarantine](#) for 14 days.

Travelers from Kansas heading to Chicago will be required to [quarantine for two weeks](#) upon arrival.

## Kentucky

[Kentucky Department for Public Health](#)

**Order in Place:** Kentuckians who have traveled to Alabama, Arizona, Florida, Georgia, Idaho, Nevada, South Carolina and Texas must quarantine for two weeks upon returning, [according to the state's latest travel advisory](#).

Internally, Gov. Andy Beshear [opened bars and restaurants](#) on June 19, with 50 percent capacity. The order was then altered to allow restaurants to serve at 25% of pre-pandemic capacity indoors while outdoor accommodations remain limited if proper social distancing can be maintained. On July 28 he [reversed the order for bars](#), closing them for two weeks.

Residents over 5 years old are required to [wear masks inside retailers](#), supermarkets, and restaurants, and when they are in public outside and unable to maintain six feet of distance.

Kentucky's "[healthy at home](#)" order went into effect on March 26, allowing only "life-sustaining businesses" to remain open as well as firearm sales. In April, the state had [instituted a curfew on all state parks](#). A previous order telling Kentucky residents not to travel outside the state was [later lifted](#).

Travelers from Kentucky heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Louisiana

[Louisiana Department of Health](#)

**Order in Place:** On July 11, Louisiana's Gov. John Bel Edwards [closed bars in the state](#) for on-premise consumption effective July 13 and made masks mandatory for people 8

years old and older. Individual parishes in the state with less than 100 cases per 100,000 people could opt out of the mask mandate.

This followed Louisiana's [move into Phase 2 of its reopening plan](#) on June 5, allowing restaurants, malls, gyms, movie theaters, salons, and more to reopen with 50 percent capacity.

Amusement parks, water parks, and concert halls, however, remain closed.

The state implemented a [stay at home order](#) on March 23. Louisiana has closed things like playgrounds, malls, and personal grooming businesses.

Travelers from Louisiana heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## Maine

[Maine Department of Health and Human Services](#)

**Order in Place:** Maine now [allows visitors to skip the mandatory 14-day quarantine](#) ([first enacted on April 3](#)) if they come with a negative COVID-19 test from within 72 hours before arriving. Visitors from New York, New Jersey, Connecticut, New Hampshire, and Vermont are [exempt from the quarantine and testing requirements](#) due to improving case numbers.

[Hotels to start accepting reservations in June](#) for both in-state and out-of-state residents.

Restaurants have been [opening in a phased approach](#), depending on the county with employees required to wear face coverings. Salons and gyms are [also reopened](#). The state entered [stage 3 of reopening](#) on July 1, allowing places like movie theaters to open statewide.

[Campgrounds and RV parks have reopened](#) to Maine residents.

Maine has [required masks be worn in public places](#) where social distancing is not possible since May 1.

The state's "[Stay Healthy at Home](#)" directive went into effect on April 2. The order required any essential business that stays open to limit the number of people inside, depending on the size of the business, and to try to implement curbside pickup or delivery options. In Maine — [known for its lobsters](#), of course — outdoor activities were allowed, including fishing, but the state required people to observe social distancing as they did it.

## Maryland

### [Maryland Department of Health](#)

**Order in Place:** In July, Maryland's Gov. Larry Hogan [placed a travel warning](#) on Alabama, Arizona, Florida, Georgia, Idaho, Louisiana, Nebraska, South Carolina, and Texas, advising residents not to travel to these states. Those who are returning to Maryland from the nine states are advised to undergo a coronavirus test and quarantine until they receive the results. Out-of-state travelers are also encouraged to take a COVID-19 test 72 hours ahead of arrival.

On June 12, Maryland [entered Stage 2 of its reopening](#), allowing restaurants to resume indoor dining at 50 percent capacity restrictions and outdoor amusement parks to open. Capacity at pools was also increased to 50 percent.

On June 19, the state reopened gyms at 50 percent capacity as well. This follows the state's opening of retailers on May 15, including clothing stores and pet groomers, along with barbershops and hair salons, [at 50 percent capacity](#).

Maryland issued a [stay at home order](#) that went into effect on March 30, prohibiting all gatherings of more than 10 people, including for social or religious purposes. Additionally, the state closed several businesses, including golf courses. The state had cracked down on people who violate the order, [The Baltimore Sun reported](#).

Travelers from Maryland heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Massachusetts

## Massachusetts Department of Public Health

**Order in Place:** Starting Aug. 1, Massachusetts enacted a new travel order requiring out-of-state arrivals to either show negative results of a COVID-19 test upon arrival or agree to self-quarantine for 14 days. Exemptions apply to lower-risk states including New York, New Jersey, Connecticut, Maine, Rhode Island, Vermont, New Hampshire, and Hawaii.

On July 6, Massachusetts entered Phase 3 of its reopening plan, allowing movie theaters and outdoor performance venues as well as museums and historical sites to reopen. Previously, indoor table service at restaurants was allowed to resume.

That followed the state's opening of hair salons and barbershops on May 25, requiring chairs be placed six feet apart and all customers and employees wear masks. Additionally, pet groomers were allowed to open that same day.

Also on May 25, state beaches reopened for sunbathing, swimming, and fishing. Zoological parks, nature centers, and botanical gardens were also allowed to reopen with capacity capped at 20 percent, and campgrounds were allowed to open for single household groups.

Massachusetts has required masks to be worn in public places when social distancing is not possible since May 6.

Massachusetts enacted a "stay-at-home advisory" in March, which the state said was "especially" for those who are over 70 years old or who have underlying health conditions. All residents were told to stay home except for absolutely necessary activities and those who are compromised were told to ask about special hours at places like grocery stores and pharmacies. Additionally, people were told not to gather in groups of more than 10 and parents were told not to schedule playdates for children. Everyone was required to wear face masks.

Additionally, anyone arriving from out-of-state has been asked to self-quarantine for two weeks, according to the state.

## Michigan

### State of Michigan

**Order in Place:** While [retail stores, bars, and restaurants opened](#) on June 8, Gov. Gretchen Whitmer walked back the decision on July 1 and [ordered indoor service at bars to close](#) through most of lower Michigan.

Masks [are required](#) in both outdoor and indoor spaces.

On June 15, Michigan [allowed salons to open statewide](#), days after the state allowed movie theaters and gyms to open in certain regions along with indoor gatherings of up to 50 people. The state also [reopened reservations for camping](#) and overnight lodging at state parks and recreation areas on June 22.

The state's original [stay at home order](#) prohibited in-person work "not necessary to sustain or protect life" as well as gatherings of any size of people who are not in the same household. The order was later extended to include sections of large stores dedicated to furniture and garden centers, as well as prohibit people from traveling between two residences in the state. But on April 24, Michigan [lifted restrictions](#) on things like golf and allowed big box stores to reopen areas like garden centers.

Michigan has also lifted the restriction on traveling between two residences in the state, but still prohibits travel to vacation rentals.

## Minnesota

[Minnesota Department of Health](#)

**Order in Place:** On June 10, [Minnesota opened indoor dining](#) with 50 percent occupancy, gyms at 25 percent capacity, and entertainment venues like bowling alleys and museums at 25 percent capacity.

Salons and barbershops can increase capacity to 50 percent, but require reservations.

This follows the [opening of retail stores](#) with 50 percent capacity limits.

Under their original statewide order, "[#StayHomeMN](#)," — that started March 27 — people were allowed to leave their homes for outdoor activities like hiking and hunting, as well as getting groceries or taking care of healthcare needs. Additionally, the state allowed for tribal activities within the boundaries of a tribal reservation.

Travelers from Minnesota heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Mississippi

[Mississippi State Department of Health](#)

**Order in Place:** Mississippi restaurants and businesses have been allowed to reopen with 50 percent capacity, [according to the state](#). Indoor gatherings have been limited to 20 people if social distancing can't be maintained or 50 people if social distancing can be maintained.

Beaches and lakes [have also reopened](#) with social distancing observed. The state also opened non-essential businesses for curbside pickup or delivery services, since it's April 3 "shelter in place" order which advised residents to stay home and prohibited most gatherings of 10 or more people. The state has [recommended](#) not attending churches, but did not specifically prohibit it, telling people "social distancing must be practiced at all gatherings."

Travelers from Mississippi heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## Missouri

[Missouri Department of Health and Senior Services](#)

**Order in Place:** On June 16, Missouri [entered Phase 2 of reopening plan](#) with no statewide health order in place and all statewide restrictions lifted.

On April 6, the state's "[Stay Home Missouri](#)" order went into effect, which allowed people to leave their homes for groceries and to get take-out at restaurants, as well as attend worship services as long as no more than 10 people are in any single place at once. The order allowed businesses to stay open as long as no more than 10 people are there at once, including restaurants and businesses not deemed essential.

Travelers from Missouri heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Montana

[Department of Public Health and Human Services](#)

**Order in Place:** On June 1, Montana moved into Phase 2 of its reopening plan, [lifting the 14-day quarantine](#) for out-of-state visitors. Additionally, the state allowed groups of up to 50 people to gather and increased capacity at restaurants, bars, and other public venues.

Previously, Montana [allowed some businesses to reopen](#) on April 27 following a March ["stay at home" order](#), as long as they "limit capacity and maintain strict physical distancing." Restaurants and bars were able to resume some in-person services on May 4.

Travelers from Montana heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Nebraska

[Nebraska Department of Health and Human Services](#)

**Order in Place:** Nebraska never implemented a statewide stay at home order, opting instead to enact ["Directed Health Measures."](#) The dates the measures went into effect differed by county. As part of these measures, gatherings of 10 or more people were prohibited, but it did not apply to malls, "typical office environments," or courts. Bars and restaurants were initially limited to take-out or delivery.

On June 22, the state [lifted capacity restrictions](#) on bars and restaurants in most counties, allowed indoor gatherings at 50 percent capacity and outdoor gatherings at 75 percent (including arenas and stadiums).

This followed Nebraska's allowing rodeos to resume on June 1.

While Nebraska has asked people coming to Nebraska from another state to [self-quarantine](#) for two weeks, that was [lifted on June 1](#).

Travelers from Nebraska heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Nevada

### [Nevada Health Response](#)

**Order in Place:** On June 4, Nevada [allowed casinos in Las Vegas to reopen](#). As droves of visitors descended upon Sin City, Nevada made it [mandatory to wear masks](#) in public places.

But while the state [allowed restaurants to open](#) with 50 percent capacity on May 9 followed by bars on May 29, Nevada walked that back on July 10, [closing bars in several counties](#), including in Clark County where Las Vegas is.

On May 29, the state [allowed retailers to reopen](#) with 50 percent capacity.

The state first issued a [formal stay at home order](#) on April 1, after asking people to stay home since March 17, ordering [nonessential businesses to close](#), including [casinos](#) and liquor stores. The state also [required visitors or anyone returning to Nevada](#) to self-quarantine for 14 days but [adjusted that on May 29](#).

Travelers from Nevada heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## New Hampshire

### [New Hampshire Department of Health and Human Services](#)

**Order in Place:** New Hampshire's [Stay at Home Order expired](#) on June 15, including the cap on gatherings of 10 people or less. As a result, the state [allowed places like gyms, restaurants, and museums to open at 50 percent capacity](#).

Places like movie theaters and amusement parks were expected to reopen on June 29.

On June 1, New Hampshire [allowed beaches to reopen](#) for walking, running, swimming, and surfing, but not sunbathing. It will also allow fitness centers to open for small-group fitness classes. New Hampshire has previously [allowed retailers](#) and [salons to reopen](#) with all staff wearing masks.

The state originally enacted a [stay at home order](#) on March 27. People were allowed to leave their homes to get essential goods like food, visit a spouse, parent, or child, and to pick up take-out food. The state had also [limited gatherings](#) of 10 or more people, including for religious services.

## New Jersey

### [New Jersey Department of Health](#)

**Order in Place:** In coordination with New York and Connecticut, travelers coming from states where there is a high rate of coronavirus infections [must quarantine for two weeks](#) upon arrival to the tri-state area.

The state, which had already required masks to be worn in indoor public places, expanded the order on July 8 to [include mandating masks in outdoor public spaces](#) when social distancing is not possible.

[Outdoor gatherings](#) are limited to 500 people, while indoor gatherings must be limited to 25 people or 25 percent of a room's capacity — whichever number is lower. (This also applies to religious or political gatherings.)

On June 15, New Jersey allowed [restaurants to reopen](#) for outdoor dining across the state, limited to eight people per table with tables spaced six feet apart. The progression to allowing indoor dining was expected to follow on July 2 however, [Gov. Phil Murphy](#) [said he was postponing](#) the state's next step.

[Casinos in Atlantic City were allowed to reopen](#) requiring all guests and employees to wear masks.

On May 18, New Jersey [allowed non-essential retailers to open](#) for curbside pickup and its state parks [were reopened](#). On June 29, that was expanded to [allow indoor shopping at malls](#) to reopen.

On June 22, the state was [allowed hair and nail salons to open](#) for appointments only. On May 22, the state [opened its beaches](#).

New Jersey's stay at home order went into effect on March 21, closing all nonessential businesses and telling people to stay home. Essential businesses, including grocery stores, had to [limit the number of customers](#) to 50 percent capacity. Gov. Murphy has also been providing detailed [updates on Twitter](#).

## New Mexico

### [New Mexico Department of Health](#)

**Order in Place:** On June 1, [New Mexico allowed restaurants](#) — previously allowed to serve outdoor seating — to reopen indoors with 50 percent capacity. Additionally, gyms were allowed to reopen at 50 percent occupancy and malls, hair and nail salons, and barbershops opened at 25 percent occupancy.

However, on July 9, the state [re-closed indoor dining](#) at restaurants and outdoor seating at restaurants and breweries was limited to 50 percent capacity. Out-of-state visitors were prohibited from going to New Mexico state parks. And the state's mandatory mask order, which had been in effect since May 16, was expanded to require wearing the masks while exercising, including at indoor gyms.

On July 13, the state [limited gyms](#) and businesses like salons to 25 percent capacity.

The new guidance follows the May 16 opening of [retailers and houses of worship to open](#) with 25 percent capacity restrictions.

The state originally issued a [stay at home order](#) on March 23, telling residents to only go out when “absolutely necessary for their health, safety, or welfare.” Businesses considered essential were allowed to remain open, including restaurants for take-out or delivery as well as local breweries and distilleries for carry out. All gatherings of five or more people were prohibited, [including places of worship](#), and hotels were instructed to cap occupancy rates at 50 percent.

Additionally, [air travelers](#) or those from [out-of-state](#) are still told to self-isolate for at least 14 days.

Travelers from New Mexico heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## New York

[New York State Department of Health](#)

### Order in Place:

In coordination with New Jersey and Connecticut, travelers coming from states where there is a high rate of coronavirus infections [must quarantine for two weeks](#) upon arrival to the tri-state area.

The state underwent a phased reopening with different regions opening ahead of others, specifically New York City. While the whole state has now [advanced to Phase 4](#), which typically allows places like indoor restaurants and museums to reopen with capacity restrictions, New York City has its own set of rules. In the city, [outdoor dining](#) is permitted, but [indoor dining is not](#). Broadway will [remain closed until the end of the year](#).

On May 22, state [beaches were allowed to open](#), but local governments could introduce their own restrictions for city, town, or county beaches. In New York City, public beaches [reopened for swimming on July 1](#).

New Yorkers are also required to [wear face masks](#) when going outside.

New York, which at one point had been the hardest-hit state in the country, initially issued a [“New York State on PAUSE”](#) order on March 22, which closed all non-essential businesses and banned all non-essential gatherings of any size and for any reason.

Many cases in New York had been concentrated in New York City where [charities and volunteers](#) have stepped up to help people in need. Additionally, New York announced, [“Matilda's Law”](#) (named for Gov. Andrew Cuomo’s mother) that required those over 70 and other vulnerable people with compromised immune systems to stay home and only see people in emergency situations.

## North Carolina

[North Carolina Department of Health and Human Services](#)

**Order in Place:** North Carolina [moved into Phase 2 of its reopening plan](#) on May 22, allowing restaurants to open for dine-in, indoor and outdoor pools to open with 50 percent capacity, and retail businesses – which were allowed [to open under 50 percent capacity restrictions](#) – to now be allowed to have the “Emergency Maximum Occupancy.”

On June 24, the state [mandated face coverings be worn](#) in public places.

The state’s original [stay at home order](#) was enacted on March 30.

Travelers from North Carolina heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## North Dakota

### [North Dakota Department of Health](#)

**Order in Place:** While North Dakota never implemented a statewide stay at home order, the state did [close certain businesses](#) and on April 6 [suspended visitation to places like nursing homes](#). But on May 1, the state started [allowing businesses to reopen](#) while issuing guidelines. Restaurants and bars, for example, were allowed to open with 50 percent capacity.

On May 29, the state [moved from a yellow, moderate risk level](#) to a green, low-risk level, allowing bars and restaurants to increase capacity to 75 percent, and gatherings – like weddings – to increase to up to 500 people. Movie theater capacity was increased 65 percent.

While there was no official stay at home order, the state had told people to “[step up social distancing efforts](#)” and asked them to “refrain from holding gatherings of 10 people or more.” Additionally, people coming to the state from another country [have to quarantine for two weeks](#).

Travelers from North Dakota heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Ohio

## Ohio Department of Health

**Order in Place:** Ohio required masks to be worn statewide on July 23 in all indoor public spaces and outside when people can't social distance. This followed the state's mask directive for certain counties.

Ohio also instructed people coming from certain states with a positive testing rate of 15 percent or higher to self-isolate advisory for certain states, including Alabama, Arizona, Florida, Georgia, Idaho, Mississippi, Nevada, South Carolina, and Texas.

On June 10, Ohio reopened entertainment venues like movie theaters, museums, and playgrounds. On June 19, the state extended that to amusement parks and water parks.

On May 21, Ohio opened campgrounds. This follows the opening of restaurants for outdoor dining on May 15 and indoor dining on May 21. Additionally, salons opened on May 15.

The state's original stay at home order went into effect March 23, but exempt religious gatherings. Anyone who comes to Ohio to stay is still asked to self-quarantine for 14 days.

Travelers from Ohio heading to New York, New Jersey, or Connecticut will have to quarantine for two weeks when visiting.

## Oklahoma

### Oklahoma State Department of Health

**Order in Place:** Oklahoma's "Safer at Home" order only applied to people 65 or older, immunocompromised people, or those with pre-existing conditions. Under the order, several stores were labeled as essential and allowed to remain open, including clothing stores, electronic stores, furniture stores, and bookstores. Additionally, social gatherings of more than 10 people were prohibited. On April 24, the state started reopening, allowing personal care businesses like hair salons to reopen for appointments along with state parks.

On May 1, the state allowed dining, gyms, hotel pools, and entertainment venues (like movie theaters) to reopen as long as they practice social distancing. On May 15, that

was [extended to bars](#).

On June 1, the state [entered Phase 3 of reopening](#), eliminating size limits on groups and allowing salons to accept walk-ins.

Anyone who flies from New York, New Jersey, Connecticut, California, Washington state, or Louisiana had to self-quarantine for 14 days, [The Associated Press noted](#).

Travelers from Oklahoma heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## Oregon

[Oregon Health Authority](#)

**Order in Place:** Most counties in Oregon [entered Phase 2](#) of the state's reopening plan in June, [allowing restaurants and bars](#) to open for dine-in until 12 a.m., retailers to open, and gatherings of up to 50 people indoors or 100 people outdoors in those areas.

After a rise in COVID-19 cases, however, the application for Multnomah County (where Portland is located) to enter Phase 1 — along with applications from other counties to enter Phase 2 — [were put on hold](#). But on June 19, Multnomah County was indeed moved to Phase 1.

On June 24, Oregon [mandated face masks be worn](#) while in indoor public spaces in several counties, and on July 1, that was [extended statewide](#).

This follows Oregon's [stay at home order](#), in place since March 23, which prohibited gatherings of any size considered nonessential — like parties, and closed facilities like malls, salons, and yoga studios. While state closed [state parks](#), some have [reopened](#) and limited camping resumed on June 9.

## Pennsylvania

[Pennsylvania Department of Health](#)

**Order in Place:** Pennsylvania took a county-by-county approach to reopening, but by July 3, [all counties will progress](#) into the [“green” phase of reopening](#), which allows restaurants and bars to open with capacity capped at 50 percent, hair salons to open at 50 percent capacity and by appointment, and places like casinos, theaters, and shopping malls to open with 50 percent occupancy.

On July 1, Pennsylvania [made it mandatory to wear a mask](#) “whenever anyone leaves home.”

The state first enacted a [statewide stay at home order](#) on April 1, which followed a similar order placed on several counties in the state. In Pennsylvania, religious institutions were always exempt from the order, but religious leaders were [encouraged to find alternatives](#) to in-person gatherings, according to the state.

## Rhode Island

[State of Rhode Island Department of Health](#)

### Order in Place:

**Order in Place:** Rhode Island [lifted](#) its [stay at home order](#), originally enacted on March 28.

On June 30, the state [entered Phase 3 of its reopening plan](#), allowing places like restaurants with indoor dining and movie theaters to operate at 66 percent capacity restrictions. Previously, malls were allowed to reopen along with state parks and beaches. Retailers have also been allowed to reopen.

The state has [required that face masks be worn](#) in public.

While the state initially required anyone who arrived from another state for a non-work-related reason to self-quarantine for 14 days, that order was changed. Currently, anyone who comes from a state with more than a 5 percent positivity rate is [required to either self-quarantine](#) for 14 days or provide proof of a negative COVID-19 test taken within 72 hours prior to arrival.

Travelers from Rhode Island heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## South Carolina

[South Carolina Department of Health and Environmental Control](#)

**Order in Place:** Following the state's "home or work" order advising residents to limit social interaction and practice "social distancing," South Carolina [allowed restaurants to reopen](#) with 50 percent capacity restrictions on May 11. The state also allowed [gyms and pools to open](#) on May 18, and large attractions like museums, waterparks, and zoos to [reopen on May 22](#). The state has also opened its beaches and piers.

On June 11, the state [lifted capacity restrictions on retailers](#).

South Carolina had required anyone coming from hot-spots like New York to self-quarantine for two weeks, but that has [since been lifted](#).

Travelers from South Carolina heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## South Dakota

[South Dakota Department of Health](#)

**Order in Place:** South Dakota never had a statewide stay at home order. Instead, on April 6, the state [directed people in two counties](#) who are over 65 years old or with underlying conditions to stay home. This applied to Minnehaha and Lincoln counties, which include the state's largest city of Sioux Falls.

On April 28, the state laid out a ["Back to Normal" plan](#) (after it initially suggested ["enclosed retail" businesses](#) "suspend or modify business practices"). While no business ever had to close in South Dakota, the plan recommends things like good hygiene practices and "reasonable physical distancing."

## Tennessee

[Tennessee Department of Health](#)

**Order in Place:** On May 22, Tennessee has [allowed restaurants to increase capacity](#) after first [allowing them to reopen](#) at 50 percent capacity in 89 of the state's 95 counties on April 27. Two days later, the state extended that to retailers. Additionally, attractions like amusement parks, waterparks, and theaters were also allowed to reopen.

The state's "[safer at home](#)" order originally went into effect on March 31, telling residents they could get outside for solo exercise, including swimming, kayaking, and golf, but that playgrounds were not considered essential. Visiting a place of worship as well as going to weddings or funerals were exempt from the order. Residents were told health guidelines should be "followed to the greatest extent practicable."

Travelers from Tennessee heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## Texas

[Texas Department of State Health Services](#)

**Order in Place:** On June 26, Texas [curbed back some of its opening plans](#) after a rise in COVID-19 cases. Texas closed all bars that make more than 51 percent of their gross receipts from the sale of alcohol and, starting June 29, restaurants were once again limited to 50 percent capacity.

The Texas State Fair [has also been canceled](#) for the first time since World War II.

On July 2, Gov. Greg Abbott [mandated face masks be worn in public spaces](#) in counties that have 20 or more positive COVID-19 cases.

The scale-back came after Texas [entered Phase 3 of its reopening plan](#) on June 3, allowing all businesses to open with 50 percent capacity restrictions, including bar seating. Restaurants were allowed to expand table size from six to 10 people and on June 12, they were allowed to expand to 75 percent occupancy.

Places like bowling alleys have also been allowed to resume operations.

The guidance followed the state's previous order that advised residents to "minimize social gatherings and minimize in-person contact with people who are not in the same

household.”

Travelers from Texas heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## Utah

[Utah Department of Health](#)

**Order in Place:** In Utah, the reopening plan is based on different counties. Most counties in the state are [under “Low Health Risk Status”](#) and residents are told they could see small groups of friends or family. Restaurants in those areas have opened for dine-in, and places like pools, gyms, and salons were able to reopen. Several counties have transitioned to the “New Normal Health Risk Status.”

Salt Lake City remained under “Moderate-Risk.”

Utah issued a [“Stay Safe, Stay Home”](#) order on March 26, but specified it is “not to be confused with a shelter-in-place order.” Residents in the state were told to work from home and “stay home as much as possible” while parents are told not to arrange playdates or take children to playgrounds. Additionally, those who are at higher risk in the state were advised to take extra precautions.

Travelers from Utah heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting. They will also have to quarantine if they are [heading to Chicago](#).

## Vermont

[Vermont Department of Health](#)

**Order in Place:** Vermont [opened restaurants and bars](#) for outdoor seating on May 22 with capacity restrictions, requiring reservations in advance and the use of disposable menus. On June 8, the state [expanded that to indoor dining](#) with 25 percent capacity and on June 26 they [expanded that to 50 percent](#).

Vermont allowed indoor events to increase to 75 people and outdoor events to increase to up to 150. The state has also [allowed gyms and salons to reopen](#) on June 1.

This follows the state's [allowing outdoor retailers to reopen](#) for in-person shopping with 25 percent capacity restrictions, while pools and beaches have been allowed to reopen.

Under their initial "[Stay home, Stay Safe](#)" order, implemented on March 25, residents were told to stay home except for when accessing essential services like groceries or medical care. Additionally, Vermont closed all hotels and home rentals except for when they are directly supporting the COVID-19 response, including providing housing for healthcare workers, and told most visitors to abide by a 14-day self-isolation directive. Hotels have now been allowed to resume operations with capacity restrictions for Vermont residents.

On June 8, the state lifted the requirement to quarantine if returning from any county in New England or New York with 400 or fewer active COVID-19 cases per million.

## Virginia

### [Virginia Department of Health](#)

**Order in Place:** Virginia introduced [Phase 3 of its reopening plan](#), [lifting capacity restrictions](#) on July 1 on restaurants and bars and allowing entertainment venues — including concert venues, sporting venues, and amusement parks — to open with 50 percent capacity. Gym capacity was expanded to 75 percent with at least 10 feet between people.

Private campgrounds were allowed to operate, but have to limit social gatherings to less than 250 people.

Virginia has [required face masks in public indoor spaces](#) since May 29.

The state's original [stay at home order](#) was put in place on March 30. The order specified that all Virginians needed to remain at home except to buy things like groceries and seek medical care. The order prohibited gatherings of more than 10 people, including for parties or religious events.

Travelers from Virginia heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Washington

### [Washington State Department of Health](#)

**Order in Place:** Washington is using a county-by-county approach to reopening, [allowing some areas](#) to move to [Phase 3](#) of its reopening plan, which allows restaurants to open at 75 percent capacity, theaters to operate at 50 percent capacity, and gatherings of up to 50 people.

Starting June 26, Washington will [mandate wearing a face mask](#) in public, both indoors or outdoors.

Some counties in the state remain in Phase 2, which allowed restaurants and taverns to reopen with 50 percent capacity restrictions, along with hair and nail salons, and pet grooming. While others remain in Phase 1.

The state was one of the first to be hit hard with COVID-19 cases and responded with a [“Stay Home, Stay Healthy”](#) order on March 23. The order told Washington residents to stay home except for essential activities, including getting food and obtaining medical care as well as outdoor exercise where social distancing is observed. The order also prohibited gatherings of any size, including for everything from social reasons to faith-based ones.

Travelers from Washington heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## West Virginia

### [West Virginia Department of Health and Human Resources](#)

#### **Order in Place:**

Starting July 7, West Virginia [required masks to be worn](#) inside public spaces. On June 22, the state allowed outdoor sporting events with spectators to resume, and on July 1, amusement parks opened.

In West Virginia, [swimming pools and bowling alleys](#) reopened on May 30, while movie theaters reopened on June 5. On May 21, restaurants were allowed to reopen for dine-in, large retail stores were allowed to open, and state park campgrounds opened for in-state residents.

On May 26, bars opened with 50 percent capacity indoors and no capacity restrictions outdoors.

## Wisconsin

### [Wisconsin Department of Health Services](#)

**Order in Place:** On July 2, Public Health Madison & Dane County [reduced indoor dining](#) to 25 percent capacity and closed indoor seating in bars.

Wisconsin's ["safer at home"](#) order was overturned and thrown out by the state's Supreme Court on May 13, ruled "unlawful" and "unenforceable," [CNN reported](#).

The state's original order went into effect on March 25, telling people to stay home and prohibiting gatherings of any size, except for religious gatherings, weddings, and funerals, which were limited to less than 10 people. Additionally, all playgrounds and swimming pools were closed, along with places like gyms and spas.

Before the court ruling, Wisconsin had started allowing public libraries and stores like clothing retailers to re-open with curbside and delivery services, [according to Channel 3000](#). Golf courses had also been allowed to reopen with certain restrictions. Residents who [travel outside their communities](#) had been asked to self-quarantine for two weeks. Travel between "private homes within the state" was being "strongly discouraged."

Travelers from Wisconsin heading to New York, New Jersey, or Connecticut will [have to quarantine for two weeks](#) when visiting.

## Wyoming

### [Wyoming Department of Health](#)

**Order in Place:** While there wasn't a statewide order to stay home in Wyoming, Gov. Mark Gordon had asked residents to "[stay home whenever possible](#)," adding that "voluntary actions and discipline" will make a difference.

On June 15, the state [allowed some indoor gatherings](#) of up to 250 people.

Previously, the [state allowed gyms and salons to reopen](#) on May 1 and restaurants, which had been [closed for dine-in service](#) since March, were [allowed to reopen on May 15](#). While the state initially required [a 14-day quarantine](#) for anyone coming to Wyoming from another state or country for a non-work-related reason, that was lifted on May 8, [according to Wyoming News Now](#).

*The information in this article reflects that of the publishing time above. However, as statistics and information regarding coronavirus rapidly change, some figures may be different from when this story was originally posted. While we strive to keep our content as up to date as possible, we also recommend visiting sites like the CDC or websites of local health departments.*



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